

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: DDAT

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Claes Steven

Coaches: Van Der Meiren Steven HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 400M FREESTYLE WOMEN 13-14							Heat:4, starttime: 08:47	
Heat: 4/12 Lane : 1 Athlete: WYFFELS LOUISE MARIE							Q-time: 05:03:90	
PB (50m pool): 05:08.00 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 05:03.90 SB: 05:08.00 Zwembad Brigitte Becue 26/04/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.10	01:13.91	01:53.18	02:32.72	03:12.38	03:51.58	04:31.09	05:08.00
	00:35.10	00:38.81	00:39.27	00:39.54	00:39.66	00:39.20	00:39.51	00:36.91
								

Coach feedback:

Event number: 18: 200M BREASTSTROKE MEN 13-14					Heat:2, starttime: 09:40	
Heat: 2/8 Lane : 6 Athlete: DE MESMAEKER LOANN					Q-time: 03:05:38	
PB (50m pool): 03:08.35 Antwerpen 19/04/2026					PB (25m pool): 03:05.38 SB: 03:08.35 Antwerpen 19/04/2026	
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:42.35	01:31.50	02:19.99	03:08.35		
	00:42.35	00:49.15	00:48.49	00:48.36		
						

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11-12							Heat:15, starttime: 10:40		
Heat: 15/20 Lane : 4 Athlete: DELCOIGNE ELLA							Q-time: 01:21:93		
PB (50m pool): 01:24.85 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:21.93SB: 01:24.85 Zwembad Brigitte Becue 26/04/2026									
	5 0 M		1 0 0 M						
PB	00:40.79		01:24.85						
	00:40.79		00:44.06						
									

Coach feedback:

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Event number: 19: 100M BACKSTROKE WOMEN 11-12			Heat:18, starttime: 10:47
Heat: 18/20 Lane : 8 Athlete: NDIAYE MAï			Q-time: 01:19:92
PB (50m pool): 01:23.38 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:22.55 SB: 01:23.38 Zwembad Brigitte Becue 26/04/2026			
	5 0 M	1 0 0 M	
PB	00:40.60	01:23.38	
	00:40.60	00:42.78	
			

Coach feedback:

Event number: 20: 200M MEDLEY MEN 11-12					Heat:3, starttime: 11:01
Heat: 3/12 Lane : 4 Athlete: VAN DER MEIREN WILLIAM				Q-time: 03:04:19	
PB (50m pool): 03:06.54 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 03:04.19SB: 03:06.54 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.11	01:28.34	02:26.76	03:06.54	
	00:40.11	00:48.23	00:58.42	00:39.78	
					

Coach feedback:

Event number: 23: 200M BACKSTROKE WOMEN 13-14					Heat:13, starttime: 13:38
Heat: 13/15 Lane : 8 Athlete: WYFFELS LOUISE MARIE				Q-time: 02:36:06	
PB (50m pool): 02:42.27 Antwerpen 08/03/2026 PB (25m pool): 02:36.06 SB: 02:42.27 Antwerpen 08/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.89	01:19.92	02:02.27	02:42.27	
	00:38.89	00:41.03	00:42.35	00:40.00	
					

Coach feedback: